

## **PMHA Parent Guide**

### **Beginner Level (Timbits), Mite, Tyke and Novice House League**

#### **Season Details**

- Registration begins April 1<sup>st</sup> and runs until May 31<sup>st</sup>. Beginner level players may register until December 1<sup>st</sup> (**no late fee applies to a first year player**). Registration must be done online through PMHA's website [petroliaminorhockey.com](http://petroliaminorhockey.com)
- One parent must complete the online course Respect in Sport available through the PMHA website prior to the season.
- Ice time begins Saturday, September 23, 2017. Watch the PMHA Website Beginners Team pages and follow PMHA Facebook and Twitter accounts for more information.
- Players must wear full equipment (jock/jill, neck guard, shin pads, socks, pants, elbow pads, shoulder pads, mouth guard, helmet, and skates). Jerseys will be provided.
- The end of the season will be near the end of March each season.

#### **Beginner Program (2013 birth date)**

**\*\*Registration includes a pair of socks and a jersey for each player to keep at end of the season\*\***

Beginners will have 1 hour of ice time per week on Saturday mornings at 10:10 in Petrolia.

First Year Players (3-4 yr olds) and Beginner (5 yr olds)

Basic Skills of players at this level: players that have never played or skated (also try CanSkate - ask for more details), players that have difficulty moving across the ice without assistance

Players will be split into two groups but will always practice together.

The focus of the beginner program is to develop basic skills (eg. skating, agility, puck control) in a small group setting. Players will rotate through a variety of stations.

As the season progresses there will be small ice games for part of the practice time.

There may be a tournament near the end of the season.

#### **Tyke Program (2011 & 2012 birth dates)**

Tyke players will have two ice times each week. One of these times will be Saturday morning in Petrolia. The others time will either be Sunday morning in Petrolia or Watford. Practice ice will be shared with by the two teams.

#### **There are two levels to the Tyke Program - Mite & Tyke**

Each level will have two teams.

The teams in each level will always practice together.

#### **Tyke Players**

Basically 3rd year players (6 Yrs old or advanced 5 yr olds)

Basic skill level for players at this level: players should easily move up and the ice with and without the puck, players should be able to do a basic stop and players should be able to complete a basic crossover while navigating the circles.

#### **Mite Players**

Basically second year players (5yrs old and advanced 4 yr olds).

Ice times will involve stations that focus on skills followed by half-ice games at the end of practice.

Basic skill levels for players at this level: players can move across the ice without the puck while performing basic balance movements i.e. gliding on one foot, getting up/down while skating etc...)

By the beginning of December **Tyke** teams will play 1/2 ice games during their Saturday morning ice time. Mooretown Tyke teams will be included in the schedule.

The program follows the guidelines recommended by Hockey Canada for player development.

### **Novice House League (2009 & 2010 birth dates)**

Novice HL players will have two ice times per week. Saturday games in Petrolia or Mooretown and Sunday morning practices in Petrolia or Watford. Practice ice will be shared with by the two Novice HL teams

#### **Volunteer Hours**

- PMHA is an organization run by volunteers.
- In order to minimize registration costs and keep things running parents are strongly encouraged to complete volunteer hours.
- Parents of **Beginners must** submit one \$500 post-dated cheque to their Team Manager at the start of the season (dated April 1). If parents complete **6 hours** of volunteer time the cheque will not be deposited.
- Parents of **Tykes/Mites/Novice must** submit two \$500 cheques, post-dated to December 31 and April 1, to their Team Manager at the start of the season. If parents complete **12 hours** of volunteer time the cheque will not be deposited.
- Watch the website and read organizational emails from your Parent Rep for volunteer opportunities including Silver Stick and bingos.
- Volunteering as a coach or on-ice helper may count towards the volunteer hours.

#### **Birth Certificate**

- The Ontario Minor Hockey Association (OMHA) requires a copy of each player's birth certificate before approving a team roster.
- Team rosters are required to enter tournaments at the Beginner or Tyke level.
- The parents of first year players only will be asked for a picture of each player's birth certificate by the Parent Rep or Team Manager at the beginning of the season.

Please contact PMHA with any questions and we will do our best to help out. We hope you enjoy the season!

Sincerely,

PMHA